

PROFILE BY SANFORD

# TRANSFORMING *lives* ONE *relationship* AT A TIME

“Profile has given me the tools to redefine my health and how I look at food and to be strong and dedicated to making these changes that have improved my life and made me feel alive again!”

– Julie Capaldo

START DATE

1/14/19

LOST

125 lbs.



SPECIAL OFFER THROUGH YOUR EMPLOYER

## 20% OFF

A 1-YEAR PAID IN FULL MEMBERSHIP

CALL FOR A FREE CONSULTATION

(865)337-8176

OR VISIT [WWW.PROFILEPLAN.COM/TN/KNOXVILLE/113-LOVELL-ROAD](http://WWW.PROFILEPLAN.COM/TN/KNOXVILLE/113-LOVELL-ROAD)

profile<sup>®</sup>  
SANFORD

WEIGHT LOSS & HEALTH COACHING