

VIRTUAL TRAINING

MENTAL HEALTH 101

for ORS Parents & Guardians

Learn how to recognize when a child is struggling with mental health issues such as Depression, Anxiety, Self-Harm, or Suicidal Ideation and what you can do about it.

November 10, 2022
6:00 PM - 7:30 PM

6:00 PM - Training
7:00 PM - Q&A

Register here!



Join here!



Registration recommended but not required!

For more info contact:

Caitlin Ensley
mh101@mhaet.com
865-247-6189

Callie Painter
clpainter@ortn.edu
865-425-9053

Sponsored by Mental Health Association of East Tennessee & Oak Ridge Schools

