

## JEFFERSON MIDDLE SCHOOL FOOTBALL

The mission of the Jefferson Football Program is to support the overall mission of Jefferson Middle School by providing a challenging learning environment where football players will be successful in the classroom and on the football field. The philosophy of Jefferson Football is “HARD WORK, Team Work, Discipline, and Toughness.” We expect Jefferson football players to be disciplined in the classroom and on the football field. Jefferson football players are expected to be mentally and physically tough (with a “Next Play” mentality), and they are expected to work hard to be the best that they can be, having a great attitude and giving great effort. Jefferson football players are expected to play first and foremost for the Jefferson TEAM and their teammates. All decisions will be based on what is best for the team first, and then the individual player. And Jefferson football players are expected to always show good sportsmanship.

The Jefferson Football Team plays hard for “Four Quarters, Four Downs, Four Seconds, and play like CHAMPIONS.” We finish each play, each game, and each season with the pride that represents all that a Jefferson Eagle should be.

The first tryout for the Jefferson Football Team is Physical Education class. Potential football players are expected to be on time, dress in the appropriate gym uniform, and display their best attitude and effort in all activities. Potential football players will also be evaluated on the P.E. Fitness Test. The criteria to make the Jefferson Football Team are academics, athleticism, and attitude. Football players must be academically proficient in order to represent the Jefferson Football Team. Football players are expected to be physically fit, possess the skills specific to football, and be able to safely and effectively “give and take a hit.” Football players must have mental, emotional, and social maturity and “toughness” in order to always give a great attitude and effort, and to handle the challenging demands of being a part of the Jefferson Football Team.

It is a privilege to play for the Jefferson Football Team and represent Jefferson Middle School. The coaching staff pledges to uphold the mission and philosophy of the Jefferson Football Program. The coaching staff will be demanding and have high expectations, but will act in a professional manner. Football players will be expected to uphold the mission and philosophy of the Jefferson Football Program AT ALL TIMES. Football players are expected to be Trustworthy, Tough, and great Teammates. We have high standards, and our Main Rule is: Don't Let Your Teammates Down! Football players will be

expected to attend all Jefferson Eagles Football Team functions, to include workouts and practices. Failure to abide by the mission, philosophy, and expectations of the Jefferson Football Program will result in punishment, to include possible suspension and/or dismissal from the team. Abiding by the mission, philosophy, and expectations will contribute to a Championship Team, Season, and Program, and later success in life.

Student-athlete name/signature \_\_\_\_\_

Parent signature \_\_\_\_\_