

ZENTANGLE®

Zentangle®?

An easy to learn method of creating beautiful images from repetitive patterns. Created by Rick Roberts and Maria Thomas, Zentangle is fun and relaxing, increases focus and creativity, and can be enjoyed by people of all skills and ages.

With Zentangle, "Anything is possible, one stroke at a time."

Learn more at www.zentangle.com

Tangle Cards

The Basic Steps

- 1. Dots** - Using your pencil, make a dot in each corner of the tile. Connect the dots to form a border.
- 2. String** - Draw the String (guideline).
- 3. Tangles** - Switch to your pen and fill each section with Tangles (patterns).

Totally Tangled Edition

Strings

Drawn in pencil, strings create areas to tangle. Here are a few ideas to get you started.

Totally Tangled Edition

Hollibaugh Steps

Kidz Edition

Tidal Steps

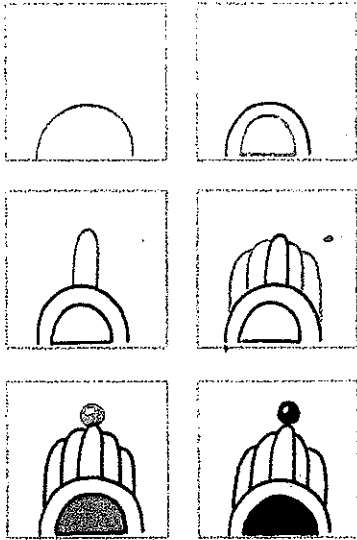
Kidz Edition

Puff-O Steps

Kidz Edition

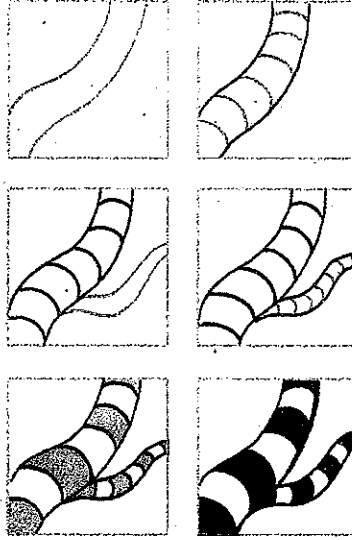
(more patterns) →

Jelly Moon Steps



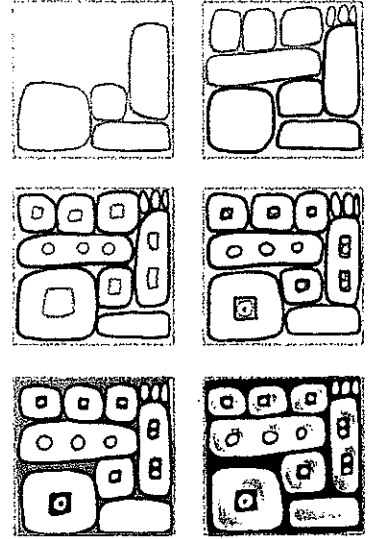
Kidz Edition

Btl Joos Steps



Kidz Edition

Krust Steps



Kidz Edition

*A notebook or sketchbook is a great place to draw your tangles.

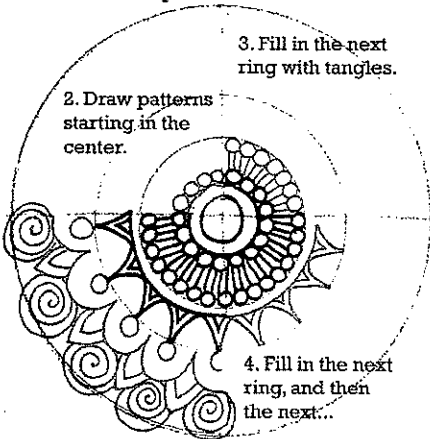
A "tangle" is a pattern.
You can always invent your own!

Easy Zendalas

1. Circle strings drawn with pencil.

3. Fill in the next ring with tangles.

2. Draw patterns starting in the center.

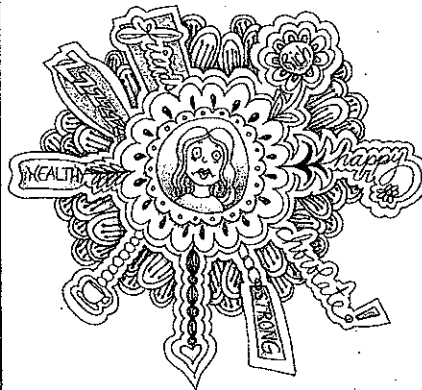


4. Fill in the next ring, and then the next...

Kidz Edition

Try this!

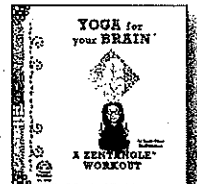
Braintangling...



Place a problem to consider in the center and tangle outwards. As ideas pop into your head, integrate them into the Zentangle/braintangle web.

Tangle Cards

5



Other books by
**Sandy Steen
Bartholomew**

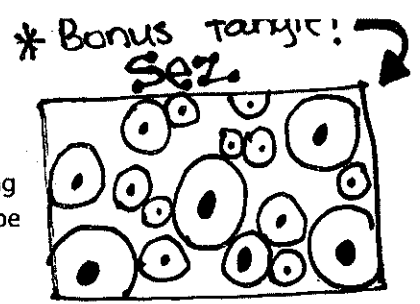


Kidz Edition

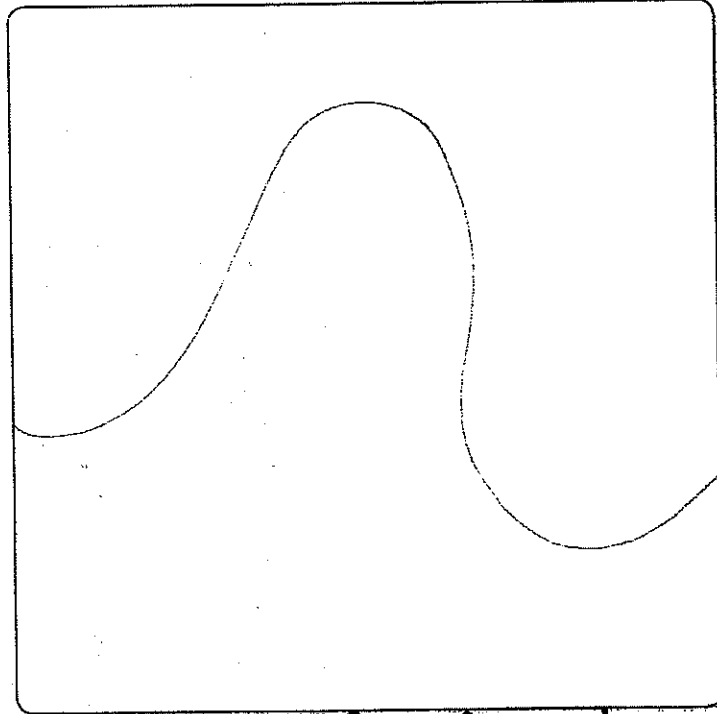
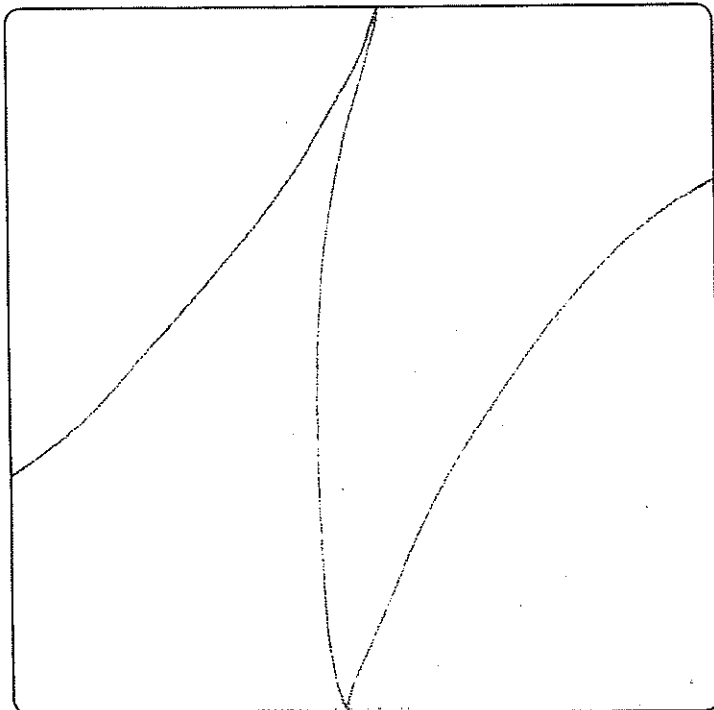
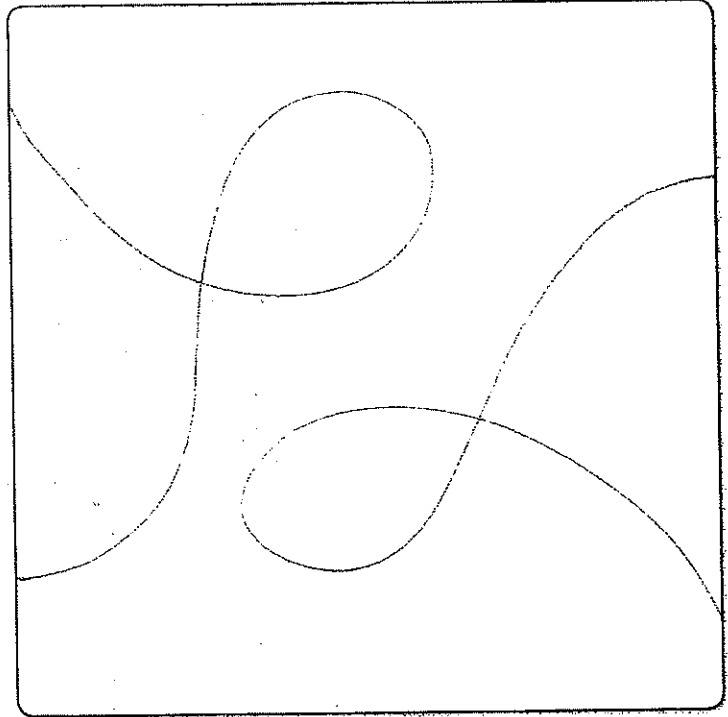
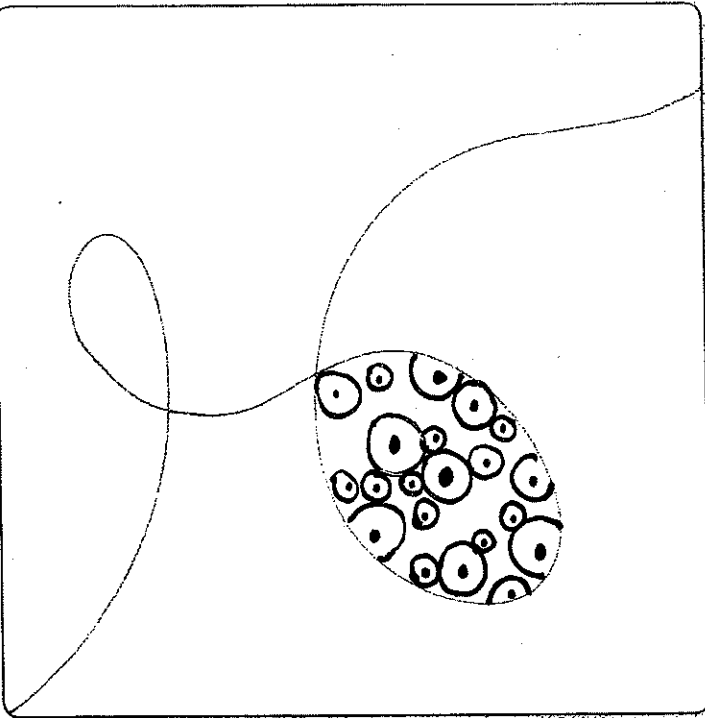
The internet/
Pinterest are
great places to look for
new tangles to learn!

Experiment with Strings

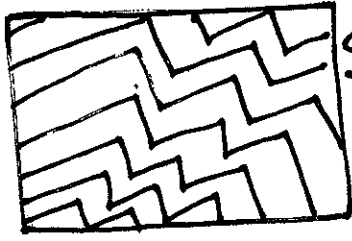
An easy way to change the look and feel of Zentangle art is to change the string. The string separates your tile into sections that you then fill with tangles. When you change the shape and size of the sections the string makes, you will change the look of your finished piece. Try using some of these different string shapes to start your Zentangle art.



* Finish with more tangles!

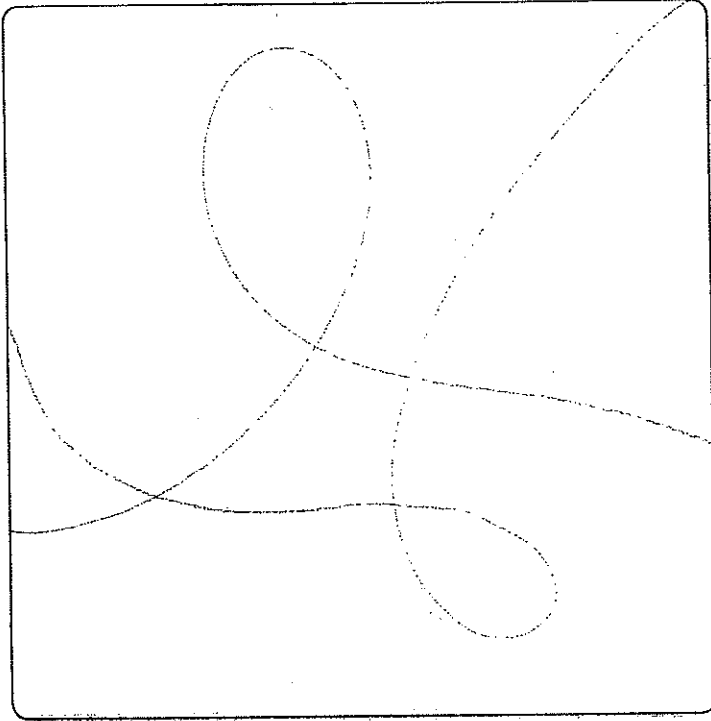
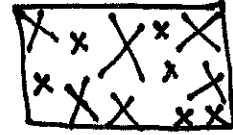


* Practice tiles for you!



STATIC

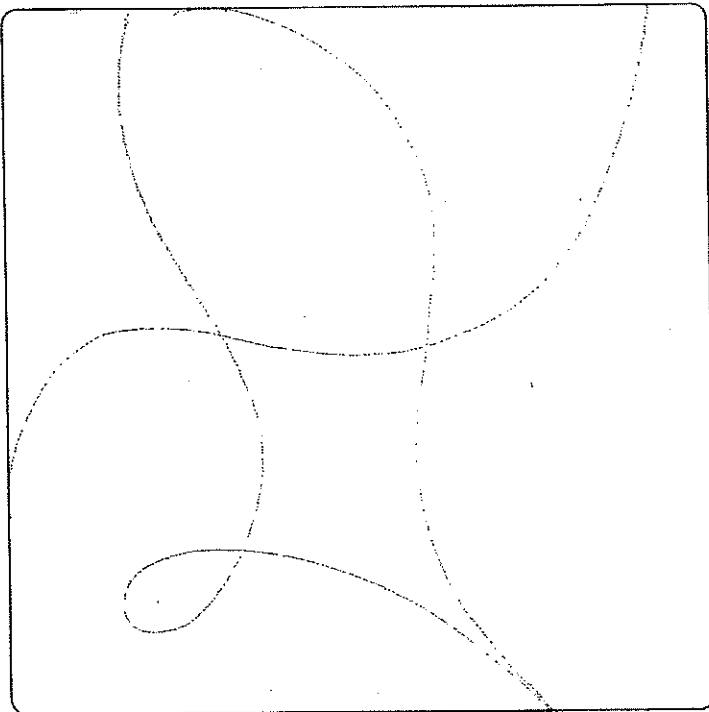
*anything can be repeated to form a pattern!



Where to find more tangles

Start with the tangles in this book. Then, check out more Zentangle books. Additional designs can be found at zentangle.com and blog.suzannemcneill.com. Also look at quilts, books, furniture, nature, illustrations, and even bottoms of sneakers—wonderful patterns and designs are everywhere! I clip snippets out of magazines and advertisements, then paste them into a notebook to use as inspiration for new tangles.

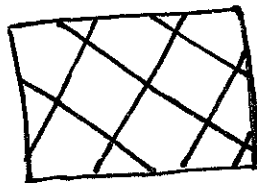
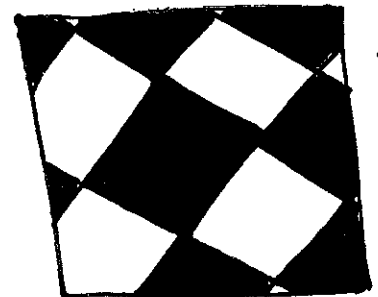
*More practice "files"



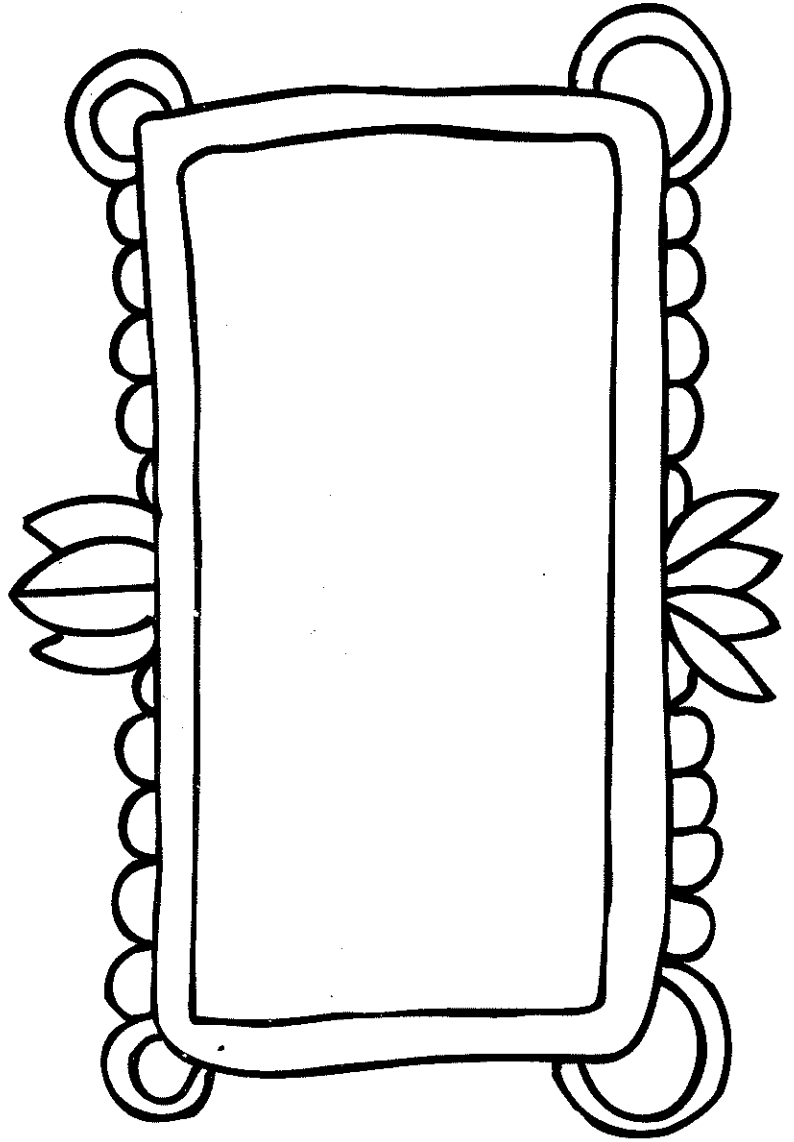
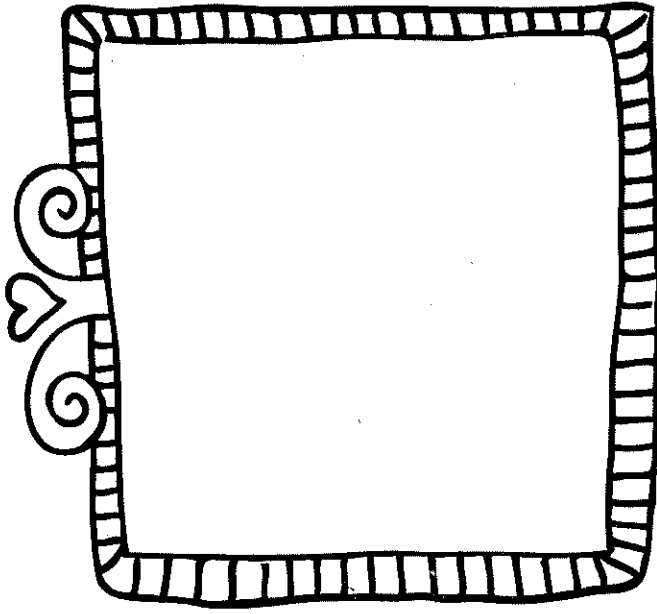
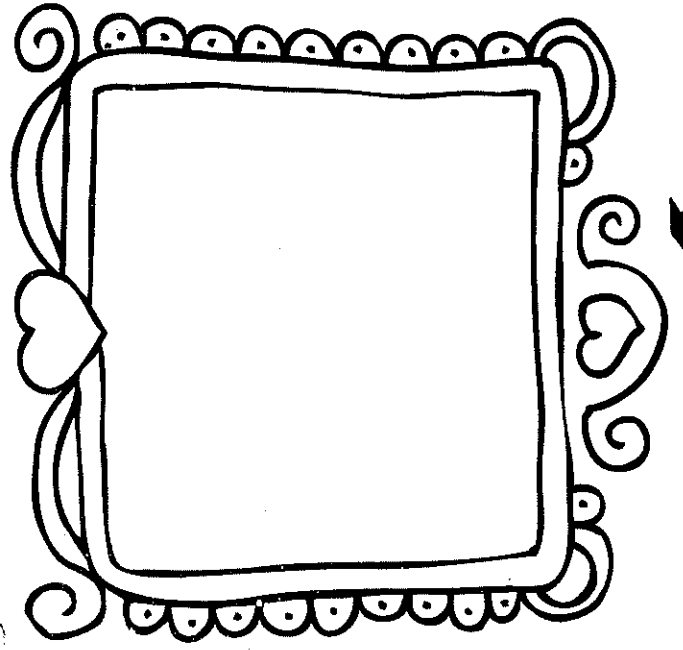
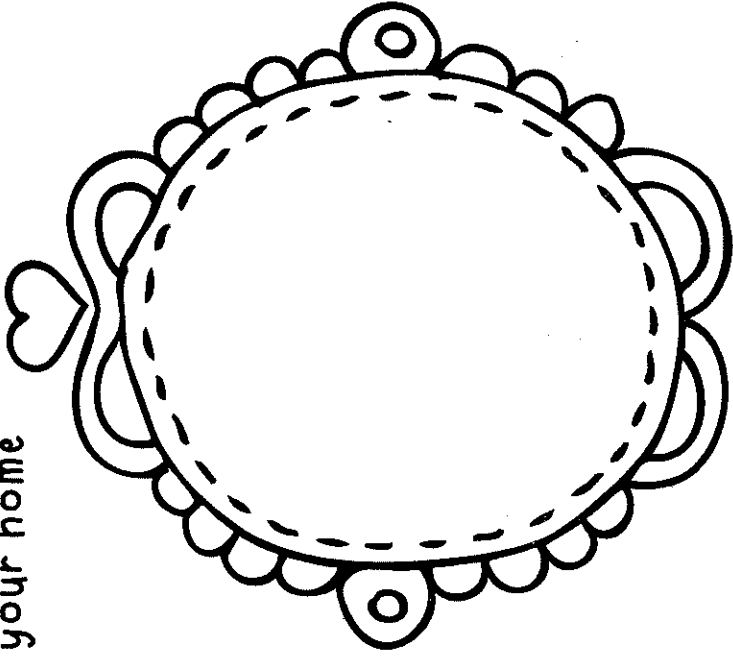
You'll find wonderful resources, a list of Certified Zentangle Teachers (CZTs), workshops, a fabulous gallery of inspiring projects, supplies, kits, tiles, and more at zentangle.com.



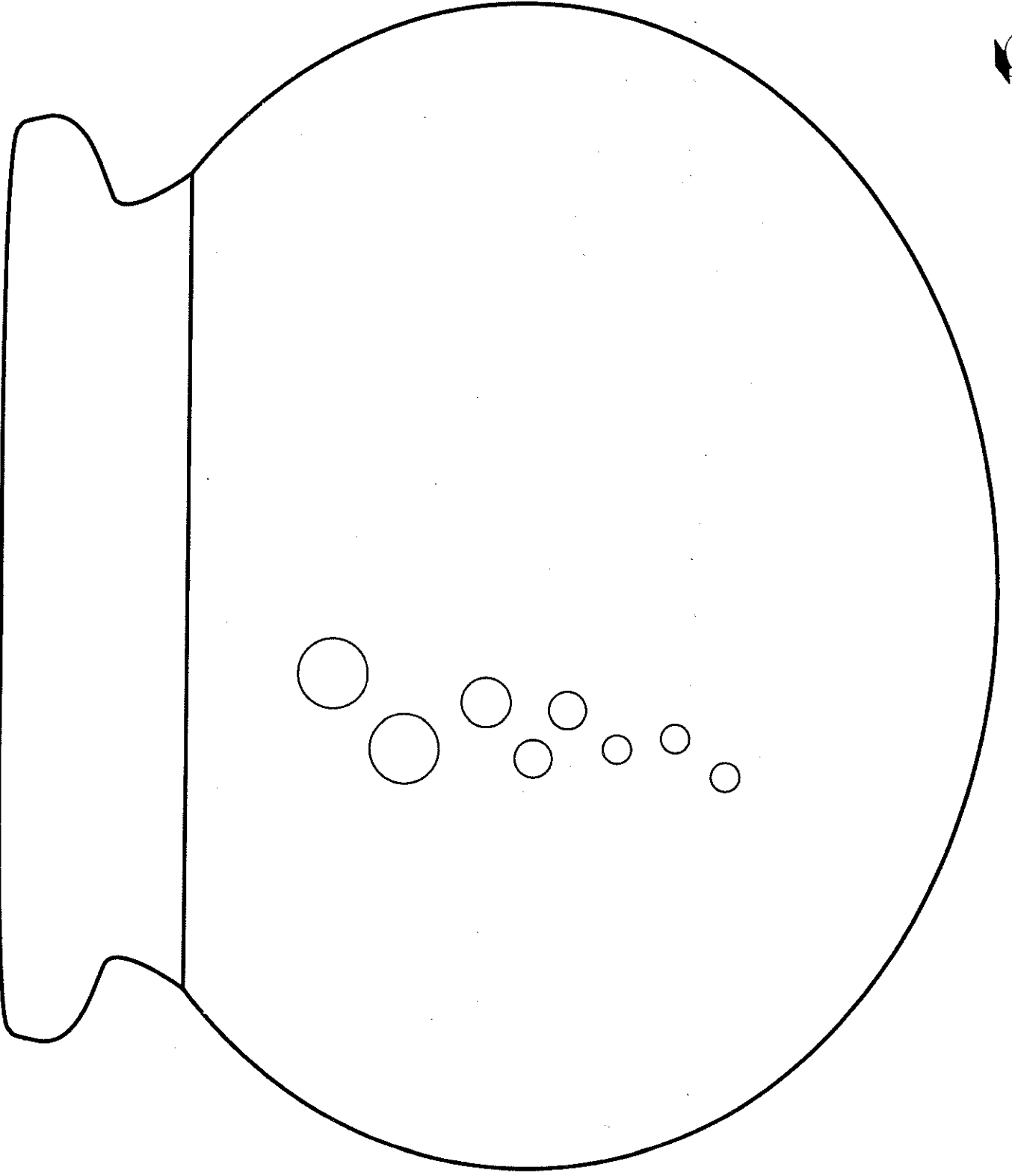
Knightsbridge:



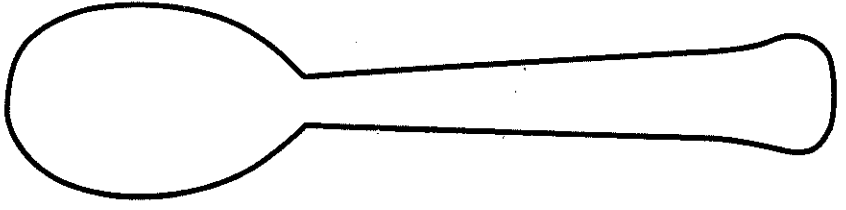
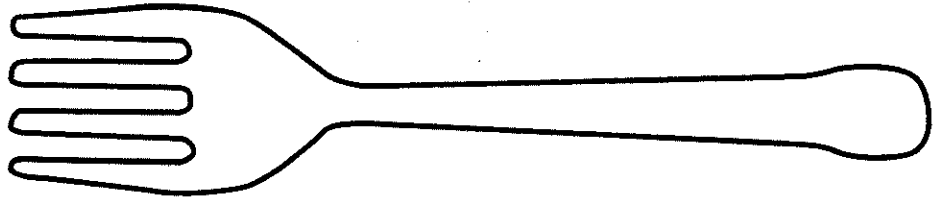
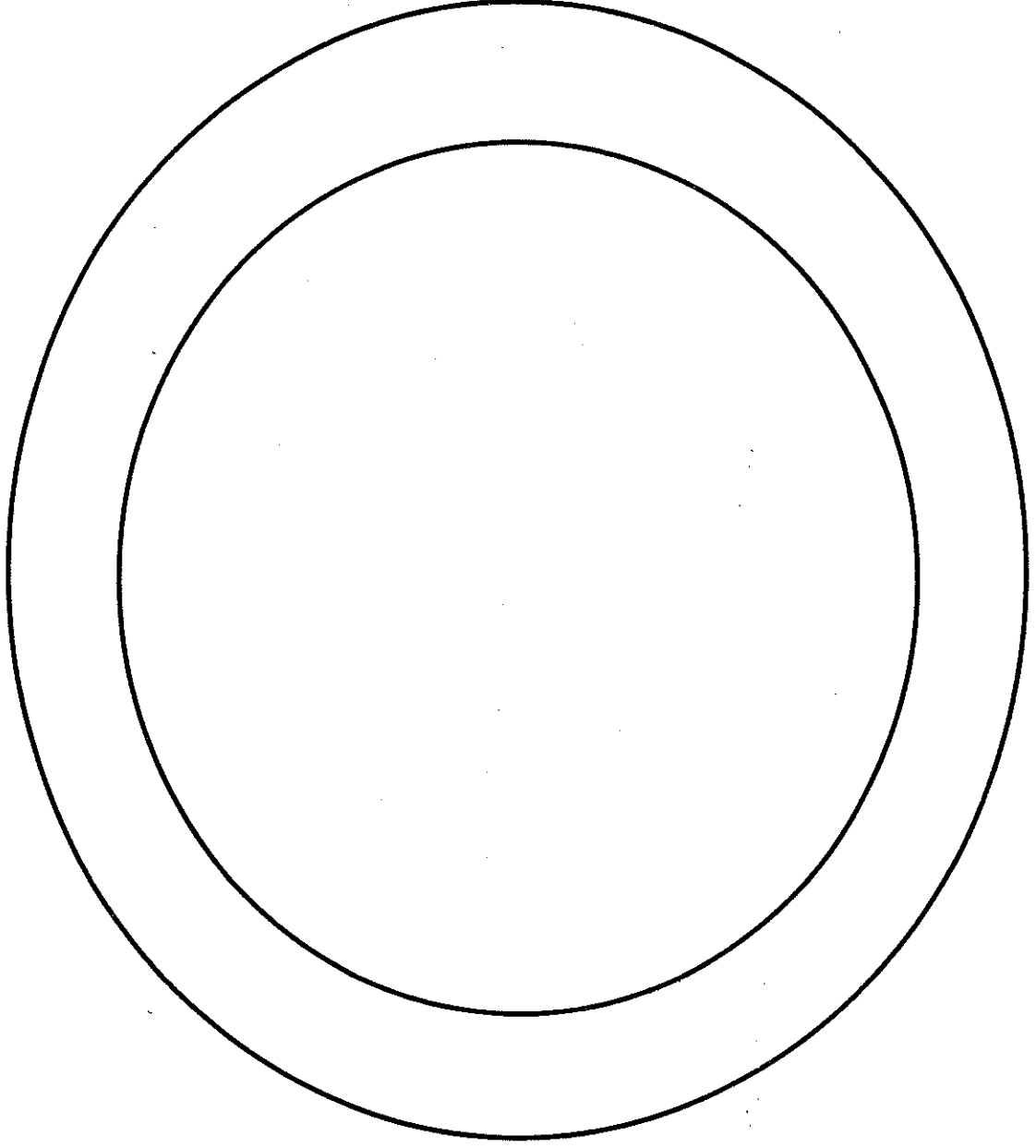
Create some artwork for your home



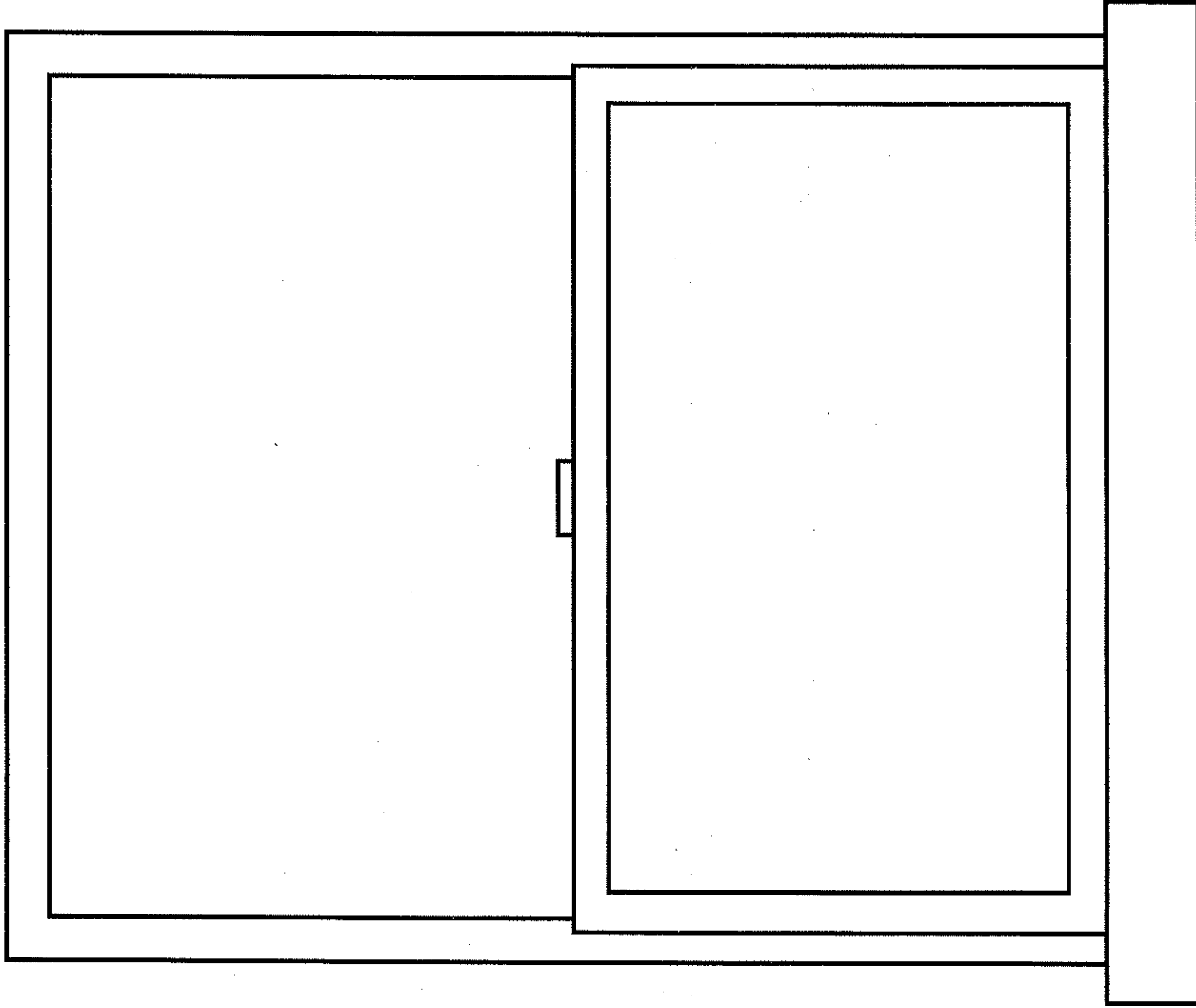
What is in the fish bowl?



Draw your favorite meal



Draw what's outside your window

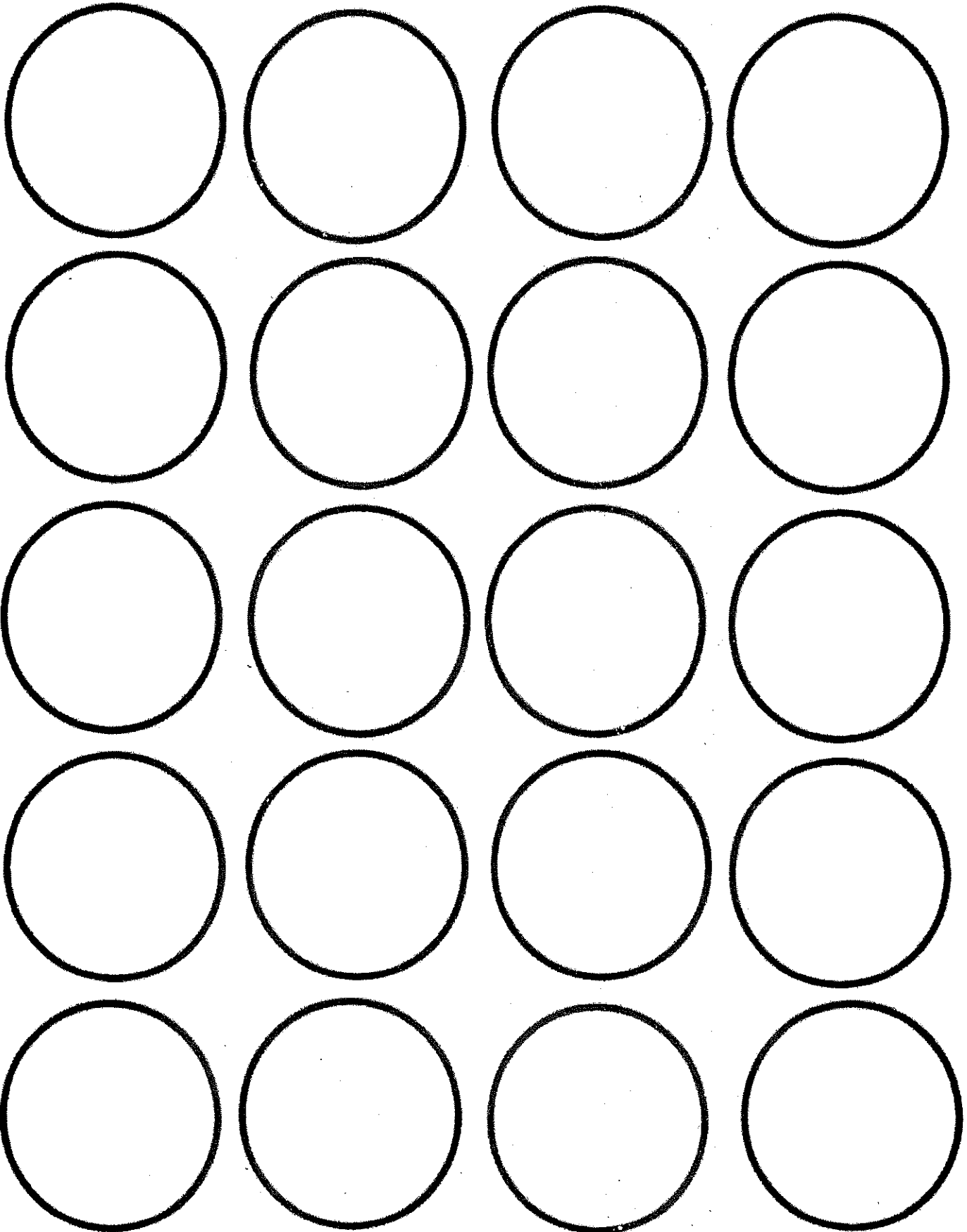


Print

CIRCLE

ART

Be creative! Turn each circle into something unique



You can send pictures of your art / any art to taberryhill@ortn.edu



SUMMER ART Challenge

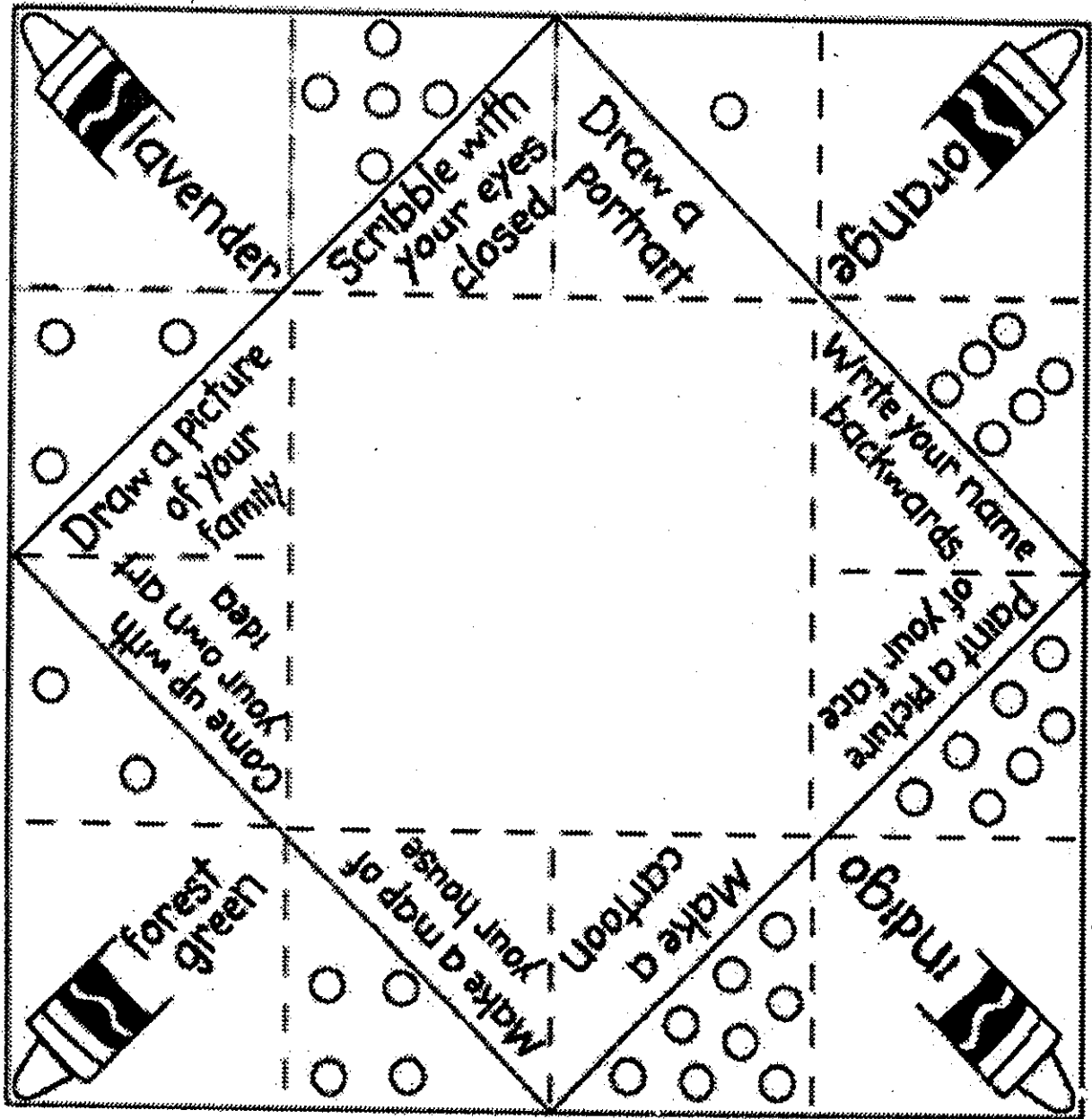


- 1 - Ask your parent or guardian for permission before starting!
- 2 - Complete 5 activities in a row (vertically, horizontally, or diagonally) to make an "Art Bingo!"
- 3 - Have your parent or guardian sign the sheet.
- 4 - Turn the sheet into your art teacher during the first week of school for a chance to win a prize!

Create a crayon rubbing using textures you find outside.	Make your own art supply using a recipe you find in a book or online.	Make something you can wear (Jewelry, t-shirt, etc.)	Draw a portrait of a friend or family member.	Watch a YouTube tutorial about a new art technique.
Build a sculpture out of sand.	Read a book about an artist's life.	Draw 10 black and white pictures to create your own coloring book.	Design the ultimate ice cream sundae.	Use a phone app to make a stop motion short film.
Instead of a lemonade stand, run an arts and crafts stand.	Fold and fly paper airplanes outdoors.	Make and use a personal sketchbook.	Visit a gallery or museum (in person or online.)	Make a robot from recycled materials.
Draw the best water park you can imagine.	Paint or draw outside.	Make a flip book.	Make your own playdoh and sculpt with it.	Make art with a friend or family member.
Choose your favorite project from art class last year and make another version.	Create a chalk drawing outside.	Visit our art class website or blog. <i>Linden Art Facebook!</i> <i>*Website COMING SOON!</i>	Draw a comic strip about your summer adventures.	Design your own flip flops (If you can, actually make them!)

NAME _____ CLASS _____ PARENT SIGNATURE _____





Directions: Art Director Game

1. Print page and cut out large square.
2. Decorate the pictures.
3. Flip the paper upside down and fold the four corners along the solid line.
4. Flip the square over again so the side with the messages is up. Fold the four corners in on the dotted lines.
5. Now fold the entire square in half so that the crayons are on the outside. Unfold, and then fold it in half the opposite way.
6. Using two hands, slip thumbs and forefingers under crayons. Pinch and push sections apart.

How to Play:

1. Ask a partner to pick a color. Spell out the answer, while pinching and pulling sections apart.
2. Ask partner to choose a number. Count the answer aloud while pinching and pulling sections. Repeat.
3. Ask partner to choose one more number. Lift the flap and read the message under that number.